



[go.unl.edu/eap](http://go.unl.edu/eap)

## ABOUT EAP

EAP is a confidential service offered to UNL employees and their immediate family members at no charge. Consultation and counseling are available to help faculty and staff with personal or work related problems that can affect general well being and work performance.

## COUNSELING

The EAP offers assessment, short-term counseling and referral for employees and their immediate family members.

## PERSONALIZED SERVICES

- Assessment, Short-Term Counseling and/or Referral
  - Work/Life Information & Education
  - Emergency Loan Fund
- The EAP administers a loan fund designed to assist a non-probationary, regular employee in financial crisis that has no other means of obtaining financial assistance in an emergency.

# OPEN TO ALL FACULTY/STAFF AND THEIR FAMILIES

## LOCATION

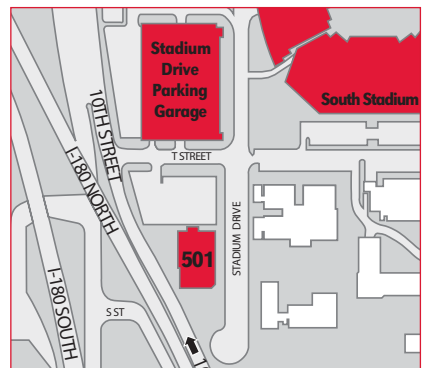
The EAP office, on UNL's City Campus is located south of Memorial Stadium on Stadium Drive and affords convenient parking for visitors.

### 501 Building

501 Stadium Drive | Room 128  
P.O. Box 880204 | Lincoln, NE 68588-0204  
Telephone: 402-472-3107 or 1-888-445-9881

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**UNIVERSITY OF**  
**Nebraska** | EMPLOYEE  
**Lincoln** | ASSISTANCE PROGRAM

501 Stadium Drive, Room 128  
P.O. Box 880204  
Lincoln, Nebraska 68588-0204

# Employee Assistance Program

University of Nebraska-Lincoln | [go.unl.edu/eap](http://go.unl.edu/eap)





## WORKPLACE SERVICES

- **Management Consultation**  
- EAP professionals are available to supervisors for confidential consultations regarding an employee's work performance problems.
- **Supervisor Consultation**  
- A supervisor or department chair might have noticed that an employee's job performance has declined from what may be personal problems. They can contact EAP and strategize how they might encourage the employee to seek assistance.
- **Conflict Resolution**  
- EAP provides an objective third party to help resolve interpersonal conflicts within the workplace between employees of approximately equal positions.
- **Educational Presentations** (see website)

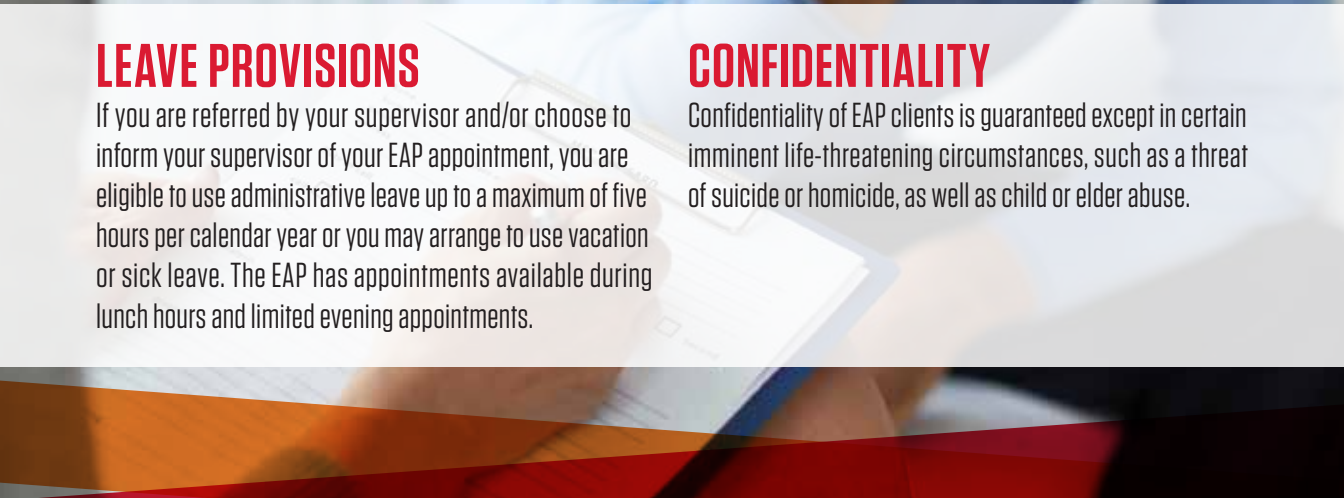


## LEAVE PROVISIONS

If you are referred by your supervisor and/or choose to inform your supervisor of your EAP appointment, you are eligible to use administrative leave up to a maximum of five hours per calendar year or you may arrange to use vacation or sick leave. The EAP has appointments available during lunch hours and limited evening appointments.

## CONFIDENTIALITY

Confidentiality of EAP clients is guaranteed except in certain imminent life-threatening circumstances, such as a threat of suicide or homicide, as well as child or elder abuse.



## COST OF SERVICES

Services are free. However, if a referral is made to community resources outside of EAP, there may be a charge.



## EAP STAFF

The staff at UNL's EAP are experienced workplace consultants and clinicians who hold advanced degrees and are fully licensed by the State of Nebraska.

## CONTACT EAP

Call: 402-472-3107 | 1-888-445-9881

Extended Campus employees or family members who cannot come to the EAP office in Lincoln, may schedule a telephone appointment.

**FOR MORE INFO GO TO [GO.UNL.EDU/EAP](http://GO.UNL.EDU/EAP)**

